



The Benefits of Chronic Care Management and Remote Therapeutic Monitoring in Urology

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EXECUTIVE SUMMARY

From post-surgical recovery to chronic kidney disease, urology patients benefit from monitoring that bridges the gap between procedures and follow-up appointments. Chronic Care Management and Remote Therapeutic Monitoring support both sides of that need.

INTRODUCTION TO CCM AND RTM

Chronic Care Management provides at least 20 minutes of monthly, non-face-to-face care coordination for patients with two or more chronic conditions — medication reconciliation, care plan updates, and consistent communication between patients, caregivers, and providers.

Remote Therapeutic Monitoring tracks non-physiologic, patient-reported data: how well a patient follows a treatment plan, manages symptoms, or adheres to therapy between visits. Used together, CCM and RTM give care teams both the breadth of full chronic-condition coordination and the depth of ongoing treatment adherence tracking.

BENEFITS FOR UROLOGY

Post-Surgical Recovery Tracking

Remote Therapeutic Monitoring tracks recovery milestones, pelvic floor therapy adherence, and symptom changes following urologic procedures.

Chronic Kidney Disease Coordination

Chronic Care Management coordinates the ongoing needs of patients with chronic kidney disease or overactive bladder alongside their other chronic conditions.

Combined Short- and Long-Term Support

RTM supports the shorter-term recovery window following a procedure, while CCM provides the longer-term coordination chronic urologic conditions require.

FINANCIAL AND QUALITY OUTCOMES

Both CCM and RTM are CMS-supported services, giving practices a sustainable path to fund expanded care coordination and therapy adherence tracking. Practices that layer the two together report stronger patient engagement, fewer avoidable emergency room visits, and improved continuity of care.

CONCLUSION

For urology practices managing both post-surgical recovery and chronic disease, CCM and RTM together provide continuous visibility across the full arc of a patient's care.

Ready to bring CCM and RTM to your urology practice?

Contact CHMS at 1.888.415.CHMS (2467) or contact@clinicalhms.com