



The Benefits of Chronic Care Management and Remote Therapeutic Monitoring in Cardiology

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EXECUTIVE SUMMARY

Cardiac decompensation rarely announces itself all at once. Chronic Care Management and Remote Therapeutic Monitoring give cardiology practices continuous visibility into medication adherence and rehabilitation progress between visits.

INTRODUCTION TO CCM AND RTM

Chronic Care Management provides at least 20 minutes of monthly, non-face-to-face care coordination for patients with two or more chronic conditions — medication reconciliation, care plan updates, and consistent communication between patients, caregivers, and providers.

Remote Therapeutic Monitoring tracks non-physiologic, patient-reported data: how well a patient follows a treatment plan, manages symptoms, or adheres to therapy between visits. Used together, CCM and RTM give care teams both the breadth of full chronic-condition coordination and the depth of ongoing treatment adherence tracking.

BENEFITS FOR CARDIOLOGY

Supporting Medication Titration

Chronic Care Management adds monthly coordination around medication changes for patients with Congestive Heart Failure, hypertension, and other cardiac conditions — helping ensure adjustments are followed and tolerated.

Cardiac Rehab Adherence

For patients in cardiac rehabilitation, Remote Therapeutic Monitoring tracks exercise adherence and symptom response, surfacing non-adherence before it affects recovery.

Coordinated Comorbidity Management

CCM keeps care coordinated across the comorbidities that often accompany heart disease, from hypertension to arrhythmia, reducing the risk of conflicting treatment plans.

FINANCIAL AND QUALITY OUTCOMES

Both CCM and RTM are CMS-supported services, giving practices a sustainable path to fund expanded care coordination and therapy adherence tracking. Practices that layer the two together report stronger patient engagement, fewer avoidable emergency room visits, and improved continuity of care.

CONCLUSION

Layered together, CCM and RTM help cardiology practices stay connected to both the medical management and the rehabilitation side of cardiac care, catching issues before they require an office visit or hospitalization.

Ready to bring CCM and RTM to your cardiology practice?

Contact CHMS at 1.888.415.CHMS (2467) or contact@clinicalhms.com