



The Benefits of Chronic Care Management and Remote Patient Monitoring in Long Term Care

How proactive, structured monitoring programs improve outcomes and reduce costs for long term care residents.

INTRODUCTION

In recent years, the healthcare industry has shifted toward more proactive and personalized care for patients with chronic conditions. Chronic Care Management (CCM) and Remote Patient Monitoring (RPM) have emerged as essential tools in the care of patients in long term care settings. These services help healthcare providers better manage the complex needs of patients with chronic illnesses, improve patient outcomes, and reduce healthcare costs. This white paper explores the benefits of CCM and RPM in the long term care space.

CHRONIC CARE MANAGEMENT (CCM)

Chronic Care Management is a comprehensive approach to managing the care of patients with chronic conditions such as diabetes, heart disease, and COPD. CCM services involve a team of healthcare providers working together to create a personalized care plan for each patient — including regular check-ins, medication management, and coordination of care between different providers.

Improved Patient Outcomes

Regular follow-up care and support helps patients better manage chronic conditions and avoid costly hospitalizations. Patients who receive CCM services are more likely to adhere to their treatment plans and experience improved health outcomes.

Reduced Healthcare Costs

By proactively managing chronic conditions, providers can help prevent complications and reduce the need for expensive emergency room visits and hospitalizations — leading to cost savings for both patients and providers.

REMOTE PATIENT MONITORING (RPM)

Remote Patient Monitoring is a technology-enabled service that allows healthcare providers to monitor patients' vital signs and symptoms from a distance — using devices such as blood pressure monitors, thermometers, pulse oximeters, and heart rate sensors. RPM allows providers to track patients' progress in real time and intervene quickly if any issues arise.

**Improved Access to Care**

By monitoring patients remotely, providers can identify potential problems early and intervene before they escalate — helping prevent hospitalizations and improve overall patient outcomes.

More Personalized Care

Real-time data on patients' health status lets providers tailor treatment plans to each patient's individual needs, leading to better outcomes and improved quality of life.

CONCLUSION

Chronic Care Management and Remote Patient Monitoring are valuable tools for healthcare providers in the long term care space. These services help providers better manage the complex needs of patients with chronic conditions, improve patient outcomes, and reduce healthcare costs. By embracing CCM and RPM, healthcare providers can enhance the quality of care for patients in long term care settings and ultimately improve the overall health and well-being of their patients.

Ready to bring CCM and RPM to your community?

Contact CHMS at 1.888.415.CHMS (2467) or contact@clinicalhms.com